Healthy-Skin Program
5-Step Guideline for Use

BLIZZARD BEFORE
4 Years Treatment for Allergies

BLIZZARD AFTER
3 1/2 Months on HS Program

GINGER BEFORE
Treatment for Allergies

GINGER AFTER
3 1/2 Months on HS Program

SAVANNA BEFORE
Treatment for Allergies

SAVANNA AFTER
9 Weeks on HS Program

GUNther BEFORE
Treatment for Allergies

GUNther AFTER
12 Months on HS Program
Meet Elizabeth and 7-year old Blizzard with Allergies...

By October 2nd, 6 weeks after we began using the NZYMES® Healthy-Skin Products and also changing to the recommended pet food, the redness over most of Blizzard's body was completely gone. Her fur was now beginning to grow back in beautifully. What a great relief this was after 4.5 years of treatments for false allergies.

By Mid-October, Blizzard was getting better and starting to act like a happy dog again. By mid to late November, the constant biting, chewing, and scratching had subsided. Blizzard gained weight and was 75 lbs. She ran and played like the beautiful dog she used to be.

By December, she looked and acted like a very healthy dog again. Hopefully, she will never need to go to the vet again for any kind of illness. I am so glad that we did not put Blizzard down as had been advised to do by our Veterinary Dermatologist.

Elizabeth & Blizzard
Santa Ana, CA.
How the Healthy Skin Program Began

Almost 20 years ago, we received a call from a woman who was facing a life-and-death decision for her white German Shepherd, Blizzard. She was told, after many allergy panels, that her dog Blizzard was allergic to ALL meats and had dozens of other food plus environmental sensitivities.

At This Point Blizzard’s Symptoms were Truly Overwhelming

- Dozens of identified allergies
- Rashes and blackened skin
- Ear and eye infections
- Sensitivities to light and sounds
- Severe itching and scratching
- Oozing sores and wounds
- Joint and muscle pain
- Lethargy

After 4 1/2 years treatments for allergies which included; allergy medications, antibiotics, steroids and special diet foods, the allergy specialist informed the owner that there was NO further hope for Blizzard’s condition, and the best thing to do would be to put her to sleep to end her suffering at 7 years of age.

We Worked with 3 Top People to Develop the Healthy Skin Program!

- K9 Nutritionist, Linda Arndt, aka “The Great Dane Lady”
- Veterinarian, Dr. Neil Weiner DVM, of Pet Care Naturally, Redding CA.
- Chemist, Roscoe Campbell, of Rumble LLC; Stillwater, OK.

We still average dozens of NEW cases every day, but these same basic 5-steps have helped thousands of pets with their recovery. We only ask that you follow this outline and call if you are unsure or are experiencing difficulties with the detox and cleansing process.

Blizzard cleared ALL of her symptoms and she made a remarkable recovery in just 3 1/2 months. She went through a second cleansing when the summer heat arrived that lasted for about 2 months. Afterwards, she continued with no further symptoms.

BACKED WITH A 120-DAY MONEY BACK GUARANTEE.
Healthy-Skin Kit Small
Recommended for Daily Use with “Small Pets and Companion Pets”.
Includes: 3 Antioxidant Treats or Sprouted Granules

Healthy-Skin Kit Large
Recommended for Daily Use with “Large Pets/Multi-Pet Families”.
Includes: 2 LB. Granules

Healthy-Skin Kit Mini
Recommended for Daily Use with “Small Pets and Companion Pets”.
Includes: 1 LB. Granules

The NZYMES® Antioxidant Treats or Sprouted Granules add a “live” SUPERFOOD PROTEIN food source for your pet’s diet. They naturally aid the body and allow more efficient use of nutrients from pet food, promoting healthy skin and coat. They also help to cleanse toxins, ease tissue and joint discomfort and promote a healthier digestive balance and immune functions.

**EACH KIT ALSO INCLUDES ONE OF THESE PRODUCTS**

**Ox-E-Drops Concentrate 2.2 oz.**
Ox-E-Drops is used internally and mixed with food and water to help promote a pH balanced digestive tract. It mixes with water in a spray bottle to make a Topical Spray Solution to be applied 3 to 4 times daily to all the affected areas of the body.

**2.2 Oz. Bottle of Tincture of BlackLeaf**
BlackLeaf is added twice daily to the pet’s food. It adds an extra level in the battle against the yeast overgrowth and is naturally anti-parasitic. Overall, Blackleaf’s natural properties enhance and help to speed up the cleansing and recovery.

**BacPak Small & Mini Kits = 100gm**
BacPak Plus is a powerful blend of probiotics and digestive enzymes and is key in the effort to rebuild the natural flora of the Gut. It assists digestion, nutrient uptake and cleansing of the yeast toxins, where the yeast overgrowth resides.
Step #1
Use Amounts From Usage Calculator - Not Bottles!

During the “Healthy-Skin Program”, the amounts shown in the Usage Calculator are meant to replace the regular daily usage amounts shown on the side of the NZYMES® Bottles!

Select the “Usage Calculator” from within the “Pet Help” section in top menu under Programs | Tools as shown here to the right.

If you have no internet access call for correct dosages!

Note: To get the best and quickest results, we recommend adding the products as instructed in the ‘Usage Calculator’ to your pet’s meal twice daily. If you absolutely cannot feed your pet twice daily, please add the full daily usage amounts to the meal once per day.
Step #2
Feed the Correct Foods and Treats

**YEAST THRIVES ON SUGAR – DON’T FEED THE PROBLEM!**
In order to see the results you are looking for, it’s important to avoid sugar sources in your pet’s food and treats. Anything the body recognizes as sugar or converts to sugar, slows the progress of recovery.

Know Your Ingredients!
Find the **Ingredients Panel** on the side or bottom of your pet food bag or can. Look at the first 7 to 8 ingredients listed in your pet’s food and if they are shown below then it’s time to consider making a change to a better quality pet food.

**CHANGE YOUR FOODS IF THESE INGREDIENTS ARE FOUND IN THE FIRST 8 LISTED**
- Wheat Flour or Gluten
- Corn Meal or Gluten
- White Rice
- Brewer’s Rice
- Millet
- Tapioca
- Potato
- Sweet Potato
- Carrots
- Molasses

CHASE A QUALITY PET FOOD FROM OUR RECOMMENDED LIST
www.nzymes.com/pet-nutrition/pet-foods-recommended-nzymes/

Use the store finder for locations where you can buy pet foods locally. If you’re unable to find a local store, try online with sites like [www.petflow.com](http://www.petflow.com) or [www.jet.com](http://www.jet.com) for food.

Shipping pricing is often LOW COST or NO COST!

**CHANGING PET FOODS**
Transition your pet to the new food by mixing the old and new food together as shown below over 1 week period.

(2 Days = 75% Old Food / 25% New Food)
(2 Days = 50% Old Food / 50% New Food)
(2 Days = 25% Old Food / 75% New Food)

**TIP: ADD COCONUT OIL TO FOOD**

Coconut oil is very benefical and quite helpful during the detoxing process. Soften and dribble over the pet’s food.

For Each Feeding:
- Add a 1/4 tsp. for pets 10 lbs and under.
- Add a 1/2 tsp. for pets 10-60 lbs.
- Add (1) tsp. for pets between 60-150 lbs.
Step #3
Bathing Your Pet

As this cleansing process begins for your pet, it is important to keep his body clean from the flaky and decaying skin cells as the yeast continues to exit the body. Over the years, we have learned which products actually work best and offer the shortest recovery period. We suggest using these shampoos (shown below) during the full term of the Healthy-Skin Program as they have shown to work successfully with thousands of cases.

**Suggested Shampoos and Washing Instructions** - When using the shampoo products below, we suggest to bathe your pet at least 2 times per week while going through the detoxifying and cleansing process. At the conclusion of each wash with these shampoos, **DO A FINAL RINSE WITH BAKING SODA AND WATER.**

(Note: Mix 2 teaspoons of baking soda per each 1 gal. water and rinse the pet)

- **Reliq Shampoo**
  Use: Green Tea, Lavender or Rosemary

- **MetaClean Shampoo**
  Use: Therapeutic Soap & Shampoo

- **Micro-Tek Shampoo**
  Use: Medicated Pet Shampoo
  [www.eqyss.com](http://www.eqyss.com)

- **Malaseb Veterinary Shampoo**
  Malaseb® Antibacterial & Antifungal Medicated Shampoo
  [Search the product online.](http://www.eqyss.com)

- **Universal Medicated Veterinary Shampoo**
  [www.vetoquinalusa.com/content/universal-medicated-shampoo](http://www.vetoquinalusa.com/content/universal-medicated-shampoo)

  **In Canada: Canadian Medicated Shampoo**

**DERMagic Skin Essentials** - **OUR FIRST CHOICE!**
Includes; Skin Rescue Shampoo Bar, Skin Rescue Lotion and Hot Spot Salve
[www.dermagic.com](http://www.dermagic.com) - Questions? Please contact them at 651-457-9064

1. Use DERMagic products every single day.

2. Shampoo once a week for the first two weeks and twice a month after that, using our Peppermint/Tea Tree Shampoo or our Skin Rescue Shampoo Bar with Sulfur and Neem Oil.

3. **DO NOT USE BAKING SODA RINSE.** DERMagic shampoos are correctly pH balanced for this, and baking soda is not needed.

4. Use DERMagic Skin Rescue Lotion twice daily for the first week, once daily thereafter. Use the lotion like hand lotion, massaging deeply into the skin and follicles. Do not use too much. Your pet should not feel greasy or be wet-looking. If there is rust colored hair between the toes, use the lotion there too, daily.

5. Keep your pet in a tee shirt to protect the skin and help keep the lotion on.

6. DERMagic kills the yeast that is causing the black skin and odor deep inside the hair follicles. Do not try to scrub or peel the black skin. When the skin underneath is healthy and ready, it will push off the old dead black skin, much like a scab. Do not try to rush this process.

7. If the skin becomes red or hot, skip a day with the lotion and let the skin rest. Remember patience and persistence are the keys to reversing this condition. These products were developed specifically to kill yeast and other fungi that cause Black Skin Disease and they will work, when used as directed by DERMagic.
Step #4
Using Ox-E Topical Spray Solution

1) Use Our Ready-made Ox-E Topical Spray Solution or...
2) Make Your Own Using Ox-E-Drops and Distilled Water.
(When Empty; Mix 40 drops of NZYMES® Ox-E Drops with 4 Oz. of Distilled Water)

Directions: Apply the Ox-E Topical Spray Solution as shown in the instructions below. This will help support healthier skin and promote faster recovery. We suggest to USE THE OX-E TOPICAL “COLD”, it may help ease inflammation and itching, problem flare-ups and for the battle to the release of toxins as they exit the body.

Use the handy spray bottle to apply a light coat of Ox-E Topical Spray Solution 3-to 4 times daily on all problem areas. You may also soak a cotton-ball or pad with the solution and apply as needed. Not using the Ox-E Topical each day may lead to longer and more problematic recovery of the skin.

IMPORTANT NOTE
APPLY THE OX-E TOPICAL SPRAY SOLUTION AT LEAST 3-4 TIMES PER DAY ON ALL PROBLEM AREAS!

For the Pet’s Skin
3 to 4 times per day apply a light coat of Ox-E Topical Spray Solution on all of the affected or problem areas of the skin. You may also apply by soaking a cotton-ball or cotton-pad and applying it. Continue this process until the area has recovered.

For the Pet’s Ears
3 to 4 times per day saturate a cotton ball with the 2% Ox-E Topical solution and squeeze drops from the cotton ball into the ear canal. Carefully rub and squeeze around the ear to work the solution-in and then wipe out the entire ear inside and out.

For the Pet’s Eyes
3 to 4 times per day saturate a cotton ball with the 2% Ox-E Topical solution and wipe the eye and clean away any residue. Use a separate cotton ball for each eye until the eyes have recovered.

TIP 1) Store the Ox-E Topical solution in the Refrigerator and apply it COLD! Cooling the areas helps soothe the skin redness and inflammation to ease the itching somewhat. TIP 2) Pour a small amount of the OX-E Topical Solution into a small bowl mixed with ice and soak a cotton ball or cotton pad to apply around eyes, ears and feet.
DO NOT ALLOW your pet to continue to create damage to his skin by chewing or scratching and rubbing the body. Stop him as soon as it starts happening and then soothe the areas with a cold compress. These suggestions will help your pet stay comfortable and avoid more damage to the skin.

SUGGESTIONS TO HELP PREVENT FURTHER SKIN EAR & EYE DAMAGE

- T-Shirts • Onesies • Body Covers
- Socks • Leg Wraps •

TRY PRODUCTS LIKE THESE

Tulane’s Closet
www.tulanescloset.com

Shed Defender®
www.sheddefender.com

All Dog Boots.com
www.alldogboots.com

Pawz Dog Boots
www.pawzdogboots.com

USE A SOFT COLLAR TO PREVENT SKIN, FACE, EAR AND NECK DAMAGE

Prevent the pet from doing damage to face, eyes and especially the ears. Pets who shake their head and constantly scratch their ears can do very serious damage which leaves the ears swollen, painful with an Aural Hematoma that may require surgery to reduce swelling and then stitches to put the ear flap together again.

We prefer the use of a SOFT COLLAR rather than the hard plastic-cones as they are much less stressful for the pet. There are a number of new soft collar products available, but we have had good experience with the following companies.

Comfy Cone
www.comfycone.com

Procollar
www.procollars.com

Cuddle Cone
www.cuddlecone.com

Protective collars can also help prevent damage to the feet, legs as well as the rest of the body, which is very common in these cases. It may take some time for your pet to get used to wearing a collar, but it is more important to prevent further damage to the skin.
One of the most difficult issues to manage with this condition is the pet's constant desire to scratch the itchy areas where the toxins are being released. Notice that these areas are usually HOT and INFLAMED, so applying cold compresses to give relief would make most sense. Store the Ox-E Topical in the refrigerator and apply cold.

**COLD COMPRESSES**

Cold Compresses are the easiest way to give a pet relief from the itchiness. We suggest to use Cold packs, cold wash cloths or even a cold towel to soothe the problem areas and ease the redness and inflammation over the body. Another option is to add some Ox-E Topical Solution in a Bowl with Ice and then to soak a small cloth and apply on the affected area until the itch is soothed.

**USE LISTERINE MOUTHWASH (GOLD ONLY)**

Using GOLD LISTERINE in a spray bottle, spray the hot spots or inflamed areas to help relieve the itching. If needed, dilute this with some water if your pet has open sores, as full-strength it will sting on open wounds. Best to use in late evening to help pets rest better through the night.

**USING BAKING SODA AND WATER**

This is a well known remedy that helps to ease itching. Mix 1 full teaspoon of baking soda with 8 ounces of water and APPLY IT COLD WITH A SPRAY BOTTLE. Baking soda can also be mixed with a small amount of water to make a thin paste for the more severe areas.

**USING ORGANIC COCONUT OIL TOPICALLY**

Apply coconut oil to affected areas and rub in thoroughly. Coconut oil is naturally anti-fungal.

Call us with any questions!
Toll Free: 877.816.6500
Local: 702.228.0097
FOLLOW THIS PROGRAM FOR AT LEAST 1 FULL YEAR!

Allow the time needed for the pet to achieve a more complete digestive balance. For nearly 20 years, we have successfully helped resolve these digestive breakdown issues with our customer’s pets using natural feeding and cleansing practices. Even though many will see the symptoms subside within a few months, continuing to use the Healthy Skin-Kit Products as instructed will help finalize the cleanse and help re-balance the gastrointestinal tract.

EXPECT THE SYMPTOMS TO WORSEN BEFORE THEY GET BETTER

The NZYMES® Healthy Skin Program is designed to help clear the pet’s body of an internal digestive yeast overgrowth. Remember the body MUST go through a detoxification process. The cleanse will come in phases and the symptoms will look much worse as the toxins are pushed out of the body during the initial cleansing phase (2-3 months). This is a good thing as it is evidence that the program is working.

THIS PROGRAM TAKES TIME.

Depending on the severity of the condition and how many medications the pet was on prior to starting this program, the full cleanse generally takes 3-7 months. But some cases with older pets on long-term medications or puppies with early digestive tract damage can take as long as a year to reach full recovery.

CHLOE’S STORY IS A GOOD EXAMPLE

“My dog Chloe was being seen by my family vet for years. She was diagnosed with ‘Allergies’ about a year ago. The doctor did the classic thing and prescribed her allergy medicines. When asked what kind of allergies, the doctor did not have an answer. After 6 months of ‘allergy medicine’, at $100.00 for 30 pills, my dog was living in her own misery.

I felt like a horrible dog owner. I was determined to find a solution. After the research and all the positive things I have heard about Nzymes, I decided to try them as my dog was miserable all day. Itching, digging until she was ripping her skin open. After 3 weeks, I was convinced I made the right choice. We are still following the program’s guidelines. Nzymes has given me my loving dog back. She is happy and itch free. The only thing I have done was used Nzymes and NO ALLERGY medicines. Thank You, you are awesome!”

Mike Toro and Chloe, SC.

Work with your Vet to Avoid Further Vaccinations (if possible)

Ask if the Vet will Allow a TITER BLOOD TEST to Verify the Current Rabies Status.

NOTE: Over-vaccination can stimulate a reverse immune response and flare the old symptoms again.

HAVE THE THYROID CHECKED

Sometimes there are secondary medical issues like Low Thyroid disease that are combined with the pet’s yeast overgrowth. We always suggest having a proper thyroid blood panel done to determine the pets thyroid levels as well. Pets with both conditions tend to cycle up and down, getting a little worse then getting a little better. These pets generally show these basic symptoms; Lethargy, Dull and Brittle Coat and Symmetrical Hair-loss.
Frequently Asked Questions
About Following the Healthy-Skin Program

1. “I’m Confused, Is This Allergies or Yeast?”
Most people dealing with itchy symptoms involving a pet’s skin, ears, eyes, and feet or legs have been led to believe their pet has FOOD ALLERGIES. Veterinary education rarely touches on digestive disorders. As a result, most professionals have little knowledge or experience with the common symptoms of Leaky Gut Syndrome and its role with Candida Yeast Problems in Pets.

2. “Should I Have My Pet Tested for Allergies?”
Allergy diagnostics of a pet with this condition will often produce a long list of FALSE POSITIVE results, thus making it look like the pet has sensitivities to many things, when it actually doesn’t. This is because the pet’s immune system is compromised, and acting in a hyper-sensitive mode. The symptoms of a “Yeast Overgrowth” in pets are obvious and diverse.

3. “What About Medications and Special Diets?”
Veterinary protocols suggest that Antibiotics, Steroids, Allergy shots and Special Foods as “The Solutions”. However, the medications and high-starch foods can actually allow the ‘Candida yeast overgrowth’ to expand and worsen.

4. “How Long Do the Healthy Skin Kits Last?”
Items in the kit will last for differing lengths of time, depending on the size of the pet. All Nzymes products are also sold separately so that you can replace the items as you need them.

   Example: Large Kit for a 70-pound dog lasts approx...
   2 lb Granules: 5-6 months ~ BacPak Plus: 1 year
   Ox-E-Drops: 2-3 months ~ Black Leaf: 2-3 months

5. “How Long Does It Take to Start Seeing Results?”
Each case is unique. The initial detoxification (or cleansing period) generally takes 2-3 months. After the first detoxification period, you can expect to see this condition progressively improve over the next 2-4 months as the natural flora in the digestive tract is re-established. It is recommended to continue using the products (for at least 1 year) to maintain this healthy flora as it grows stronger. Please note that each case is different and recovery time may be shorter or longer depending on multiple factors like medications, thyroid condition, medical history, severity of infection, etc.

6. “Why Does It Take So Long to Recover?”
Quite simply, your pet did not develop this overnight. It takes months or years to develop in most cases. Likewise, it can take many months to reverse the trend and re-establish a healthy GI tract.

7. “What Should I Expect to Happen as They Go Through the Cleansing Process?”
The Nzymes Healthy Skin Program is a detoxification program. As the yeast dies off, it will be carried to the extremities to be flushed out. Since you are ACTIVELY killing yeast cells with this process, you will be accelerating the rate at which they are exiting through your pet’s skin, etc. This is why we tell you to prepare for your pet to look worse before he gets better.

It is very important that you keep your pet on this program for at least one full year. Even though many will see the symptoms subside within a few months, continuing to use the products as instructed will help push the body through the cleansing phases and re-balance the gastrointestinal tract.

9. “Do I Have to Change the Pet Food?”
Yes! Many pet foods contain a high amount of carbohydrates, with a high glycemic index. The higher the glycemic index, the more quickly those carbohydrates convert to sugar, and sugar FEEDS the yeast. You do not want to feed the problem while you are trying to fight it off. Choosing from one of our recommended foods will ensure that you do not impede your progress.

10. “Why Do I have to Use All of These Products?”
Each item in the kit is doing a specific job to get your pet through the process of detoxification and to help restore the natural GI balance. All of these products work in the pet’s body separately, yet together, to help resolve the skin problems from the inside out.

Yeast is a tough customer and doesn’t give up easily. It is not unusual for a pet to experience a reversal several months after improving. This is one reason it is SO CRITICAL to remain vigilant after your pet’s major symptoms have cleared. If your pet’s condition should degrade, we recommend going back to the initial dosing (doubling the Granules and the Black Leaf Tincture) and frequent bathing. This generally helps to get things under control in a few weeks.

12. “Can These Products Be Taken With Medications?”
The Nzymes products will not cause adverse reactions with other medications, however, those who are able to refrain from using medications during the detoxification process will achieve the best results with the pet skin problems.

13. “Why Did My Pet Get Diarrhea After Starting the Healthy Skin Program?”
Digestive upset is rare but can happen. This is a detox program and sometimes it will cause flu-like symptoms during the cleanse. If your pet has diarrhea on this program, it is usually short lived not lasting more than 2-3 days. It is important that the pet stay well hydrated.

GOT QUESTIONS: Submit Your Email Questions to...
customer.care@nzymes.com